




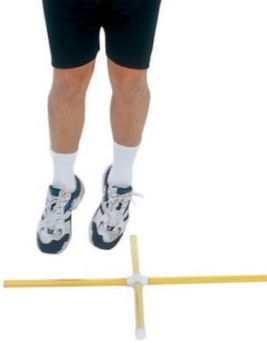



Reaction Time Training

	<p>Train Reaction Time & Hand-Eye Coordination. The unpredictable bounce of these rubber balls forces athletes to make split-second decisions in order to catch the balls. The random bounce helps train reaction time and hand-eye coordination, so athletes improve overall coordination and depth perception. Throw the balls against any hard surface for multidimensional drills. Reflex Ball 2 sizes! 4" Jumbo Reflex Ball has a softer bounce and larger size making it easier to catch. 3" Reflex Ball has a compact design producing faster, more erratic bounces. Dense rubber. 1 lb. (Recommend)</p>
<p style="text-align: center;">Product</p>	<p style="text-align: center;">Stock</p>
<p style="text-align: center;">Reflex Ball (Set of 6)</p>	<p style="text-align: center;">In Stock</p>
<p style="text-align: center;">Jumbo Reflex Ball (Set of 6)</p>	<p style="text-align: center;">In Stock</p>
<p style="text-align: center;">Original Z-Ball (Set of 6)</p>	<p style="text-align: center;">In Stock</p>
	<p>Train Reaction Time & Hand-Eye Coordination. The unpredictable bounce of these rubber balls forces athletes to make split-second decisions in order to catch the balls. The random bounce helps train reaction time and hand-eye coordination, so athletes improve overall coordination and depth perception. Throw the balls against any hard surface for multidimensional drills. Reaction Ball. The original ball designed to create unpredictable bounces. High-density rubber. Yellow. 3" diam. 1 lb. (Recommend)</p>
<p style="text-align: center;">Product</p>	<p style="text-align: center;">Stock</p>
<p style="text-align: center;">Reaction Ball™ (Set of 6)</p>	<p style="text-align: center;">In Stock</p>
	<p>Improve foot speed, quickness, and knee lift. 2 height adjustments—6" and 12". Collapsible bungee cord will give when hit or stepped on for added stability. Made of strong 2" hard PVC tubing. Rust proof. Use indoors or outdoors. Assembly required. 15' L x 5' W with 12 squares 30" each. 33 lbs.</p>
<p style="text-align: center;">Product</p>	<p style="text-align: center;">Stock</p>
<p style="text-align: center;">High-Step Runner™</p>	<p style="text-align: center;">In Stock</p>



The New Revolution in Bodyweight Training
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	<p>Crossbar design creates quadrants for performing front-to-back, lateral, and diagonal movements. Instant feedback when stepped on during drills. Assembly required. Includes carry bag. Yellow. 34" L x 34" W. 4 lbs.</p>
<p>Product</p>	<p>Stock</p>
<p>Agility Quad™</p>	<p>In Stock</p>
	<p>This simple, effective training tool lets you perform basic to advanced hand-eye coordination moves. Increase your reaction timing, ambidexterity, coordination, spatial awareness, and balance. Great for sports like baseball, basketball, football, hockey, martial arts, and boxing. Exercises and progressions suitable for all athletic levels. Includes instructional DVD. Two 1 lb. foam balls connected by a 36" bungee cord. 1 lb.</p>
<p>Product</p>	<p>Stock</p>
<p>Bola™ Trainer</p>	<p>In Stock</p>

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